




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Worship Service	2 10:15 March Trivia 10:45 Sit & Stretch 11:15 Worship 2:00 Milkshake Social	3 10:15 Story Circle 10:45 Rhythm Band 11:15 Worship (Sherwood Park Alliance) 2:00 Bingo 6:00 Family Social (Colleen Lazaruk)	4 10:00 Yoga 10:30 Gestures 10:30 Yoga 11:15 Worship 2:00 Sing A Long (Frontier Sounds) 2:00 Resident Council 2:30 Word Games 6:00 Movie Night	5 10:15 Noodle Hockey 11:15 Worship 2:00 Knitting 2:00 Crafts 4:00 Linking Generations	6 10:15 Men's Group 10:45 Sit & Stretch 11:15 Worship 2:00 Singing with the Gang 6:00 Vespers	7 10:30 Church Service 3:00 Sing-a-long
8 Daylight Savings Time International Women's Day 10:30 Worship Service 	9 10:15 Ladies Group 11:15 Worship 2:00 Chips & Dip Social	10 10:15 Worship (OLPH) 11:15 Fun In Motion 2:00 Bingo 4:30 Dining Out 6:00 Puzzles	11 10:00 Yoga 10:30 You Be The Judge 10:30 Yoga 11:15 Worship 2:00 Welcome Tea 3:15 Bible Study 6:00 Movie Night	12 10:15 Parachute 11:15 Worship 2:00 Knitting 2:00 Crafts 4:00 Linking Generations	13 10:15 Baking 10:15 Tree House Preschool Visits 11:15 Worship 1:30 Tim Horton's Outing 2:00 Singing with the Gang 6:00 Vespers 	14 10:30 Church Service 2:30 Communion
15 10:30 Worship Service	16 10:15 Tree House Preschool Visits 11:15 Worship 2:00 Pie Social	17 St.Patrick's Day 10:15 Irish Sing A Long 11:15 Worship 2:00 St.Patrick's Day Party (Note Benders) 6:00 Crafts 6:00 Family Council & Education Night	18 10:00 Yoga 10:30 Wheel Chair Dance 10:30 Yoga 11:15 Worship 2:00 Tree House Preschool Visits 6:00 Movie Night	19 First Day Of Spring 8:15 Men's Breakfast 10:15 Bowling  11:15 Worship 2:00 Knitting 2:00 Crafts	20 World Day Of Happiness 9:45 Shopping Outing 10:30 Memorial Service 2:00 Singing with the Gang 6:00 Vespers	21 10:30 Church Service 3:00 Edmonton West SDA Church
22 10:30 Worship Service 2:00 Ukrainian Dancing	23 10:15 Card Bingo 10:45 Sit & Be Fit 11:15 Worship 2:00 Beading Group	24 10:15 Worship (OLPH) 11:15 2:00 Bingo 4:30 Dining Out	25 10:00 Yoga 10:30 Biography 10:30 Yoga 11:15 Worship 2:00 Birthday Party (Tuesday Afternoon) 3:15 Bible Study 6:00 Movie Night	26 10:15 Balloon Activites 11:15 Worship 2:00 Knitting 2:00 Tree House Preschool Visits 4:00 Linking Generations	27 10:15 Café Club 10:45 Sit & Stretch 11:15 Worship 2:00 Singing with the Gang 6:00 Vespers	28 10:30 Church Service 3:00 Millwoods SDA Church
29 10:30 Worship Service	30 10:15 Trivia 10:45 Exercise 11:15 Worship 2:00 Spring Concert (HASA)	31 10:15 You Be The Judge 10:45 Sit & Be Fit 11:15 Worship 2:00 Bingo 6:00 Beading	