


# February

					Friday	Saturday
					1	<b>Groundhog Day</b> 2
					10:15 Trivia 10:45 Sit & Be Fit 11:15 Worship 2:00 Singing with the Gang 6:00 Vespers	10:30 Church Service 2:30 Sherwood Park SDA Church
Sunday	Monday	Tuesday	Wednesday	Thursday		
<b>Super Bowl Sunday</b> 3 10:30 Worship Service 4:00 Super Bowl LIII 	4 10:15 You Be the Judge 10:45 Exercise 11:15 Worship 2:00 Beading	<b>Chinese New Year</b> 5 10:15 Noodle Ball 11:15 Worship <b>(SP Alliance)</b> 2:00 Bingo 3:00 Soothing Hands <b>6:00 Family Social</b> <b>(The Nighthawks)</b>	6 10:15 Wheelchair Dance <b>10:30 Yoga</b> 11:15 Worship <b>2:00 Resident Council</b> <b>2:00 Sing-a-long</b> 2:30 Whiteboard Games 6:00 Movie Night	7 10:15 Café Club 11:15 Worship 2:00 Knitting 2:00 Crafts 3:15 Bible Study	8 10:15 Word Games 11:15 Worship <b>(Trinity Baptist)</b> 2:00 Singing with the Gang 6:00 Vespers	9 10:30 Church Service 2:30 Communion 3:30 Edmonton South SDA Church
10 10:30 Worship Service	11 10:15 Baking 11:15 Worship 2:00 Movie Matinee	12 10:15 Worship <b>(OLPH)</b> 11:15 Valentine's Trivia 2:00 Bingo 3:00 Soothing Hands <b>4:30 Sweethearts Dining Out</b> <b>6:00 Card Making</b>	13 10:15 Bowling <b>10:30 Yoga</b> 11:15 Worship <b>(St.Thomas Anglican)</b> 2:00 Arm Chair Travel 6:00 Movie Night	<b>Valentine's Day</b> 14 10:15 Balloon Activities 11:15 Worship <b>2:00 Sweethearts Tea</b> <b>(Joel Gray &amp; Josh McHan)</b> 4:00 Linking Generations	15 10:15 Trivia 10:45 Fun & Fitness 11:15 Worship 6:00 Vespers	16 10:30 Church Service 3:00 Edmonton West SDA Church
17 10:30 Worship Service	<b>Family Day</b> 18 10:30 Worship 2:00 Crafts	19 10:15 Gentleman's Gathering 11:15 Worship <b>(SP Alliance)</b> 2:00 Bingo 3:00 Soothing Hands <b>6:00 Love Song Sing-a-long</b>	20 10:15 Canadian Trivia <b>10:30 Yoga</b> 11:15 Worship <b>2:00 Birthday Party</b> <b>(Tuesday Afternoon)</b> 3:15 Bible Study 6:00 Movie Night	21 <b>8:15 Men's Breakfast</b> 10:15 Parachute 11:15 Worship 2:00 Knitting 2:00 Painting Circle 6:30 Linking Generations Family Meet & Greet	22 <b>10:30 Memorial Service</b> <b>1:45 Tim Horton's Outing</b> 2:00 Singing with the Gang 6:00 Vespers	23 10:30 Church Service 3:00 Millwoods SDA Church
24 10:30 Worship Service	25 10:15 White Board Games 11:15 Worship <b>(Jill &amp; Hanna)</b> 2:00 Card Bingo	26 10:15 Worship <b>(OLPH)</b> 11:15 Sit & Stretch 2:00 Bingo 3:00 Soothing Hands <b>4:30 Dining Out</b>	27 <b>10:00 Lunch Bunch</b> 10:15 Floor Hockey <b>10:30 Yoga</b> 11:15 Worship <b>2:00 Welcome Tea</b> 6:00 Movie Night	28 10:15 Balloon Activities 11:15 Worship 2:00 Knitting/Crafts 4:00 Linking Generations		