

# November

| THURSDAY  | FRIDAY   | SATURDAY  |
|---|--|---|
| 1<br>10:15 Balloon Activities<br>11:15 Worship<br><br>2:00 Knitting/Crafts<br>4:00 Linking Generations<br>6:30 <b>Len Stang Singing Group</b>           | 2<br>10:15 Wacky Wordies<br>10:45 Stretch It Out<br>11:15 Worship<br><br>2:00 Singing with the Gang<br>6:00 Vespers  | 3<br>10:30 Church Service<br><br>2:30 Sherwood Park SDA Church  |
| 8<br>9:45 <b>Shopping Trip</b><br>10:15 Baking<br>10:15 Noodle Ball<br>10:45 Exercise<br>11:15 Worship<br><br>2:00 Knitting<br>4:00 Linking Generations | 9<br>10:15 Card Games<br>11:15 Worship<br><br>2:00 <b>Remembrance Day Service</b><br>6:00 Vespers  | 10<br>10:30 Church Service<br><br>2:30 Communion                |
| 15<br>10:15 Balloon Activities<br>11:15 Worship<br><br>2:00 Knitting/Crafts   | 16<br>10:15 Trivia Games<br>10:45 Fun & Fitness<br>11:15 Worship<br><b>(Victory Baptist Church)</b><br><br>1:45 <b>Tim Horton's Outing</b><br>2:00 Singing with the Gang<br>6:00 Vespers | 17<br>10:30 Church Service<br><br>3:00 Edmonton West SDA Church |
| 22<br>10:30 <b>Memorial Service</b><br>2:00 Knitting/Baking<br>6:00 <b>Christmas Lighting Ceremony (Colleen Lazoruk)</b>                                | 23<br><i>Silent Auction Begins</i><br>10:15 Café Club<br>11:15 Worship<br><br>2:00 Singing with the Gang<br>6:00 Vespers   | 24<br>10:30 Church Service<br><br>3:00 Millwoods SDA Church     |
| 29<br>9:00 <b>Festival of Trees Outing</b><br>10:15 Balloon Activities<br>11:15 Worship<br><br>2:00 Knitting/Crafts<br>4:00 Linking Generations         | 30<br>10:15 Parachute<br>10:45 Stretch It Out<br>11:15 Worship<br><br>2:00 H.A.S.A. Performance<br>6:00 Vespers  |   |

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY  |
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| 4<br><i>Daylight Savings Ends</i><br>10:30 Worship Service   | 5<br><i>National Donut Day</i><br>10:15 Family Feud<br>10:45 Sit & Be Fit<br>11:15 Worship<br><br>2:00 Donut & Coffee Social                                | 6<br>10:15 Remembrance Day Discussion<br>10:45 Exercise<br>11:15 Worship<br><b>(SP Alliance)</b><br>2:00 Bingo<br>3:00 Soothing Hands<br>6:00 <b>Family Social (Brothers 2+1)</b> | 7<br>10:15 Wheelchair Dance<br>10:30 <b>Yoga</b><br>11:15 Worship<br><br>2:00 <b>Resident Council</b><br>2:00 <b>Sing-a-long</b><br>6:00 Movie Night |
| 11<br><i>Remembrance Day</i><br>10:30 Worship Service<br>                              | 12<br>10:30 Worship<br><br>2:00 Crafts  | 13<br>10:15 Worship<br><b>(OLPH)</b><br>11:15 Sing-a-long<br><br>2:00 Bingo<br>4:30 <b>Dining Out</b><br>6:00 <b>Crafts</b>   | 14<br>10:15 Tack Time<br>10:30 <b>Yoga</b><br>11:15 Worship<br><b>(St.Thomas Anglican)</b><br><br>2:00 Welcome Tea<br>6:00 Movie Night               |
| 18<br>10:30 Worship Service  | 19<br><i>International Men's Day</i><br>8:00 <b>Men's Breakfast</b><br>10:15 Discussion Group<br>10:45 Sit & Be Fit<br>11:15 Worship<br><br>2:00 Busy Hands | 20<br>10:15 Coffee Corner<br>11:15 Worship<br><b>(SP Alliance)</b><br>2:00 Bingo<br>3:00 Soothing Hands<br>4:00 <b>Christmas Decorating</b><br>7:00 <b>Family Education Night</b> | 21<br>10:15 Bowling<br>10:30 <b>Yoga</b><br>11:15 Worship<br><br>2:00 <b>Birthday Party (Britz Duo)</b><br>6:00 Movie Night                          |
| 25<br>10:30 Worship Service<br>6:00 <b>Resident &amp; Family Christmas Dinner</b><br> | 26<br>10:15 Current Events<br>11:15 Worship<br><b>(Jill &amp; Hanna)</b><br><br>2:00 Cards & Table Games  | 27<br>9:30 <b>Perogy Making</b><br>10:15 Worship<br><b>(OLPH)</b><br>11:15 Reading Circle<br><br>2:00 Bingo<br>3:00 Soothing Hands<br>4:30 <b>Dining Out</b>                      | 28<br>10:15 Discussion Circle<br>10:30 <b>Yoga</b><br>11:15 Worship<br>11:45 <b>Dining In</b><br><br>2:00 Letters to Santa<br>6:00 Movie Night       |