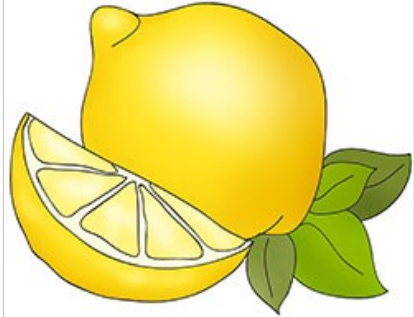









# AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:15 Crossword <b>10:15 Colouring Circle</b> 10:45 Sit & Be Fit 11:15 Worship  2:00 Bingo <b>6:00 Family Social</b> (Harmony Kings)	2 <b>10:15 Intergenerational Story Time</b> 11:15 Worship  <b>2:00 Birthday Party</b> (The Night Hawks) <b>6:00 Patio Series Outing</b>	<b>National Watermelon Day</b> 3 10:15 Worship (OLPH)  10:45 Balloon Volleyball  2:00 Knitting 2:00 Watermelon Carving <b>5:00 Ball Game Outing</b> 6:00 Movie Night	4 <b>10:15 Mind &amp; Body</b> 10:15 Finishing Lines 10:45 Fun & Fitness 11:15 Worship  2:00 Singing with the Gang 6:00 Vespers	5 10:30 Church Service  2:30 Sherwood Park SDA Church
6 10:30 Worship Service	7 <b>CIVIC HOLIDAY</b> 10:30 Worship  2:00 Cards & Table Games	8 10:15 Discussion Group <b>10:15 Balloon Circle</b> 11:15 Worship  2:00 Bingo <b>6:00 Flower Arranging</b>	9 10:15 Wheelchair Dance 11:15 Worship  <b>1:00 S.C. Show &amp; Shine</b> <b>6:00 Farmer's Market Outing</b> 	10 10:15 Balloon Volleyball 11:15 Worship  2:00 Knitting 2:00 Men's Group 6:00 Movie Night	11 <b>10:15 Mind &amp; Body</b> 10:15 Café Club 11:15 Worship  <b>1:45 Dairy Queen Outing</b> 2:00 Singing with the Gang 6:00 Vespers	12 10:30 Church Service  3:00 Edmonton SDA Filipino Church
13 10:30 Worship Service	<b>National Creamsicle Day</b> 14 10:15 Lawn Bowling 11:15 Worship (Jill & Hanna)   2:00 Cards & Table Games 2:00 Creamsicle Party 3:00 Soothing Hands	15 8:15 Men's Breakfast 10:15 One-to-One Visits 10:15 Word Games 11:15 Worship  2:00 Bingo <b>6:00 Sundek Activities</b>	<b>National Tell a Joke Day</b> 16 <b>10:00 Ukrainian Village Outing</b> 10:15 Humour Circle  10:45 Exercise 11:15 Worship  <b>2:00 Resident Council</b> <b>6:00 Patio Series Outing</b>	17 10:15 Balloon Volleyball 11:00 Worship (Fort Saskatchewan SDA)  2:00 Knitting 2:00 Baking 6:00 Movie Night	18 <b>10:15 Mind &amp; Body</b> 10:15 Reminiscing 11:15 Worship  2:00 Singing with the Gang 6:00 Vespers	19 10:30 Church Service  3:00 Edmonton West SDA Church
20 10:30 Worship Service	21 <b>10:15 Elk Island Outing</b> 10:15 Sing-a-long 11:15 Worship  2:00 Cards & Table Games 2:00 Sunflower Crafts 3:00 Soothing Hands	22 10:15 Current Events 10:15 Balloon Toss 11:15 Worship  2:00 Bingo <b>6:00 Rhythm Band</b>	23 10:15 Sunshine Walks 11:15 Worship  <b>2:00 Smoothies</b> 2:00 Lemonade & Treats on the Patio <b>6:00 Farmer's Market Outing</b>	24 10:15 Balloon Volleyball 11:15 Worship  2:00 Knitting <b>6:00 Family BBQ</b> (Alfie & Byron) 	25 <b>10:15 Mind &amp; Body</b> <b>10:30 Memorial Service</b> 2:00 Singing with the Gang 6:00 Vespers	26 10:30 Church Service  3:00 Millwoods SDA Church
27 10:30 Worship Service	28 10:15 Horseshoes 11:15 Worship (Jill & Hanna) 2:00 Cards & Table Games 2:00 Crafts 3:00 Soothing Hands	29 10:15 Writing Group <b>10:15 Exercise</b> 10:45 Sit & Be Fit 11:15 Worship  2:00 Bingo <b>4:30 Dining Out</b>	30 10:15 Singing with Athena & Aira 11:15 Worship  <b>1:45 Library Outing</b>  2:00 Painter's Circle <b>6:00 Patio Series Outing</b>	31 10:15 Balloon Volleyball 11:15 Worship  2:00 Knitting 2:00 Ladies Group 6:00 Movie Night	